When you need a doctor, make a smart choice.

1. **Teladoc**
   - The convenient choice
   - Talk to a doctor in minutes
   - Visit by phone or video
   - Available 24/7/365, anywhere
   - Get a prescription
   - Never more than an office visit
   - Cannot treat more severe medical conditions

2. **Family Doctor**
   - The in-office choice
   - Long-term relationship
   - Periodic checkups
   - Treats more severe issues
   - May not be available for days
   - Must leave home or work
   - Sit in a waiting room with other sick people

3. **Urgent Care/ER**
   - The emergency choice
   - Available 24/7/365
   - Treats emergency issues
   - High cost of care
   - Long wait times
   - Must leave home or work
   - Sit in a waiting room with other sick people

---

Need a doctor? Think of Teladoc first.

Teladoc.com | 1-800-TELADOC (835-2362)

Made available by Iron Rehealth Association Benefit Program

1. Not available outside of the U.S. 2. If medically necessary. © 2018 Teladoc, Inc. All rights reserved. Teladoc and the Teladoc logo are registered trademarks of Teladoc, Inc. and may not be used without written permission. Teladoc does not replace the primary care physician. Teladoc does not guarantee that a prescription will be written. Teladoc operates subject to state regulation and may not be available in certain states. Teladoc does not prescribe DEA controlled substances, non-therapeutic drugs and certain other drugs which may be harmful because of their potential for abuse. Teladoc physicians reserve the right to deny care for potential misuse of services. 251139545-01182017